



THE DUKE OF
EDINBURGH'S AWARD

AT PINNER HIGH SCHOOL
2025 - 2026





What does the Duke of Edinburgh involve...

The Duke of Edinburgh Award (DofE) is a nationally recognised programme that helps young people develop new skills, build confidence, and experience adventure.

You need to complete 4 elements to achieve your bronze award
1 must be completed for 6 months, and 2 for 3 months FOR 1 HOUR A WEEK.

Volunteering

Physical

Skills

(for each section you NEED photographic evidence and to be signed off by the teacher / leader) and an assessor to write up a short report.

Expedition – Lessons on camp craft, map reading, compasses and first aid.



Skills challenge

You must develop a new skill that you currently do not have. It can be something completely new or refining a skill in something you already do.

The different skills sections are:

Performance – drama, puppeteering

Science and Technology – electronics, astronomy

Caring for animals

Music – Djing, playing in a band

Natural world – Gardening

Games and recreation – cards, darts, dominoes

Life skills – cooking, hair and beauty

Learning and collecting – coins, comics

Media – Blogging, journalism, film making

Creative arts – painting, drawing, sculpture



Physical Challenge

You must take part in physical activity. Again improving at something you already do, or starting something completely new.

The different physical sections are:

Individual sports – golf, bowls, running

Water sports – diving, canoeing, swimming

Dance

Racquet sports

Fitness – aerobics, Pilates, yoga

Extreme sports – BMX, caving, mountain climbing

Martial arts

Team sports – football, cricket, volleyball



Volunteering Challenge

This section will be new to many of you. You must help out in your community. You are not allowed to be paid.

The volunteering sections are:

Helping people – elderly, children to read

Community awareness – road safety, cyber safety, drug awareness

Working with the environment / animals – litter picking, animal welfare

Helping a charity – fundraising, charity shop, faith groups

Coaching, leadership – sports, music tuition, air cadets.



Expedition

You will complete 2 expeditions lead by an organisation called AtoZ.
AFTER COMPLETING YOUR TRAINING TO A SAFE LEVEL.

2 days walking and 1 night camping. You will walk around 20km over 2 days for the bronze award.

You will carry everything with you every step of the way including tent, food, clothes, stove and safety equipment. (10-15kg) You must be physically fit!



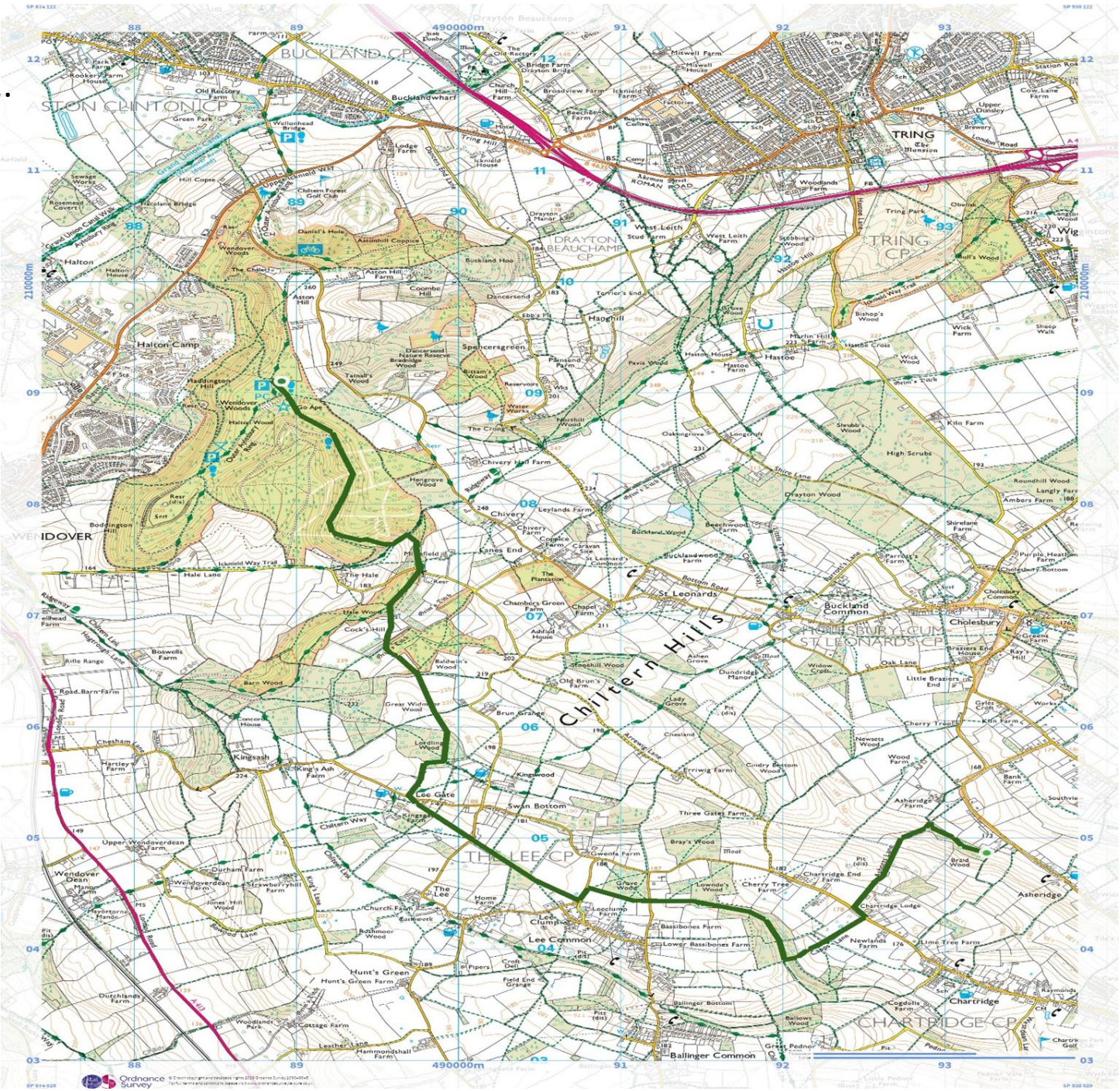
Expedition

1. Training Day. This will be done in school where you will learn how to read an OS map, countryside code, survival skills / 1st aid, camping skills, outdoor cooking and teamwork/independence.
2. Practise expedition. With staff close enough to help. You must pass this to get on the qualification expedition.
3. Qualifying expedition. Completed independently. Staff will remotely supervise you. And cannot help you in any way. No mobile phones are allowed, no GPS. Just your team and your map.

You will go through checkpoints, which you will mark. This will allow staff to know you are safe and well.

The qualifying expedition is assessed by a DofE assessor.

An average 1 day walk....





What I need to have

Camping Bag - 65 litre!

Sleeping Bag / Liner

Sleeping mat

Walking boots

Correct clothing including water proofs

Food for 2 days.

Head torch

I will send you a list of everything you need.

A background map of the Pinner area in London, showing various landmarks and roads. Labels on the map include 'Rhinefi Inc', 'Ford', 'FBs', 'Poundhill', 'Fletcher's', 'Earth', '17', '16', 'Ober farm', 'KEN', 'Hill', 'Holmhill', and 'No'.

Costs...

The award cost is roughly £310. This is payable to the school who send this directly to the Duke of Edinburgh organisation.

If there is going to be any issues with this, do not worry. Apply and please come and speak to me/or get your parents to email me when you submit your A4 letter.

If you have any questions, my email address is ssumbal@pinnerhighschool.org



How do I apply...

You must write a letter of application. In your letter you must include:

1. Why you want to complete the qualification.
2. What you would contribute to your group.
3. How would completing the qualification benefit you
4. What are you thinking of doing as your physical, skills and volunteering challenges.

It must be between a ½ and a full A4 page. I will leave the google classroom code outside the PE office. It will be competitive, so put your best foot forward. DEADLINE: FRIDAY 10th OCTOBER 2025.