

Main Art Task –Summer Diary/ Journal:

Keep a small sketchbook so that you can doodle, sketch and note down ideas. Record anything you find interesting or inspirational. Aim for a sketch a day!

The Summer Journal is the compulsory element of your Art bridging work. This unit is to allow you to practice and build upon some of the core skills needed in Art but ultimately the aim is to develop your own insights and creative thought processes.

(Please look carefully through this information pack for full guidance...)

Your project could focus on recording your experiences – The Everyday, big life events or specific observations. Alternatively you could focus on the experiences of someone else who you know very well.

Concentrate on keeping a visual Diary or Journal that contains lots of memories, ideas, exploration of themes, personal recordings and collections of materials. The more ideas you have, the better!

What is an Art Journal?

- An art journal is the same as a written diary, except that it incorporates colours, images, patterns, and other materials. Some art journals have a lot of writing, while others are purely filled with images. There is no right way or wrong way to make one!
- Journals/diaries are not written for an audience, but rather for yourself.
- By keeping a journal/diary, you get personal freedom and space to be creative as well as develop your artistic skills.
- Keeping an **Summer Diary/ Journal** means that you can record your experiences in any way you like.
- You could aim to create a page every day and start with the date at the top. Filling it with what you did that day, what you saw, collected, what happened in the news, facts, figures and anything else that caught your attention, no matter how small or mundane. (Maybe not every single day – but see what you can achieve 😊)
- OR, you could give each page a theme, for example; Food that you crave, TV that you've watched, your family, your pet, items that you can't live without, conversations you've had with friends, your favourite music, dreams you've had or games you've played. Anything!

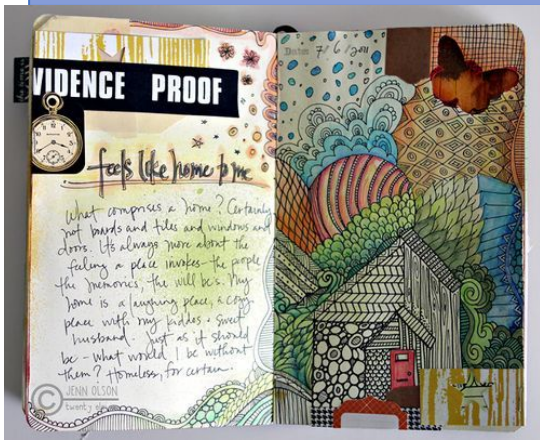
<https://slideplayer.com/slide/15063918/>

How to Combine Drawing and Writing into Personal Art Journals:

<https://mymodernmet.com/art-journal-ideas/>

The practice of keeping a diary or journal goes back hundreds of years, with the earliest known example coming from Roman Emperor Marcus Aurelius. Such an art of jotting down thoughts and daily musings has been found to be beneficial for everything from depression to organization and stress. Not surprisingly, this cathartic exercise is also good for your memory, allowing the recollection of events and ideas that might otherwise be lost.

- **DIARY SYNONYMS:** Account, almanac, archive, blog, calendar, daily, journal, magazine, memoir, memorial, newspaper, note, paper, periodical, review, chronology, daybook, history, log, memento, observation, record, reminder, reminiscence, statement, comic book.
- **AUTOBIOGRAPHY**-adventures, confession, experience, letters, life, life story, personal history, self-portrayal.
- **BIOGRAPHY**-close-up, life history, personal account, personal anecdote, personal narrative, personal record, picture, profile, saga, sketch.



- **Samuel Pepys**-‘The Diary of Samuel Pepys’,recorded the Great Fire of London amongst other things.
- **Anne Frank**-‘The Diary of a Young Girl’,recorded her time in hiding during WWII.
- **Daniel Defoe** -‘A journal of the Plague Year’
- **Robert Scott** -‘Journals: Captain Scott’s Last Expedition’,is an account of his fatal expedition to the South Pole.



Diary/ Journal

Interesting Ideas could include:

- Recording observations of the routes and journeys you take during the summer. (Steve Wilkin, Cat Holmes)
- Recording your meals and routines each day (Sophie Calle, Heidi Zednik)
- Recording your emotions and thoughts each day (Maira Kalman, Lindsay Bottos, Jim Goldberg)
- Recording your activities/ observations each day (Samantha Cotteril, Chandler O'Leary, Richard Billingham)
- Recording the Weather Each Day (JMW Turner, Manuel Cosentino)
- Using Imagery related to specific memories from life events (Frida Kahlo, Nina Morgan, Jamie Shovlin, Jim Goldberg)
- Record the people you meet (Rosie James, Jordan Casteel, Ewing Paddock)

For the past 13 years, Spanish artist José Naranja has been combining sketches, calligraphy and collage to create personal notebooks inspired by his travels. “I collect ideas, dreams and experiences,” he says.



<https://www.theguardian.com/artanddesign/gallery/2018/nov/24/the-art-of-the-travel-diary-in-pictures>

<https://www.demilked.com/amazing-notebook-art-jose-naranja/>

Follow the above link to an article on Naranja's work. Here you will see more images of his incredibly detailed journals.

Watch this YouTube video: <https://www.youtube.com/watch?v=xYDx0-YM5HM>



Topical?!

Jose Naranja has his own YouTube Channel: Naranjavirus
He has a website: <http://josenaranja.blogspot.com/>
He has a Facebook Page: Jose Naranja Site
And, he's on Instagram: @jose_naranja

Titles are a good way of drawing in the viewer

Annotations and written notes about the drawings.

Small images and work in boxes to fill up empty spaces.



Collected imagery stuck in as mementos and variation.

What do YOU notice about HIS work?

I like how he's used a **SMALL** notebook. It doesn't have to be **HUGE** in order to still have impact and detail.



TOM JUDD

INGRID DIJKERS

(Did an Alice in Wonderland inspired Altered Book.)



Barnes commentates for BBC Radio Newcastle and creates a detailed two-page spread for each match. The left-hand page contains background information on the opposition, while the right-hand side is updated in real time as the action happens. "They are there purely as a crutch and a point of reference if need be," he said. "If I was a newspaper reporter, I could keep my match reports, but radio is transient, so my notebook is my personal record of the matches I cover."

NICK BARNES

FRIDA KAHLO

From 1944-54, Mexican artist Frida Kahlo kept an illustrated diary filled with personal musings, poems and conceptual designs for future works of art. More than any other diarist on this list, Kahlo complemented her personal feelings of loneliness or jubilation with dramatically colourful illustrations.



LEONARDO DA VINCI



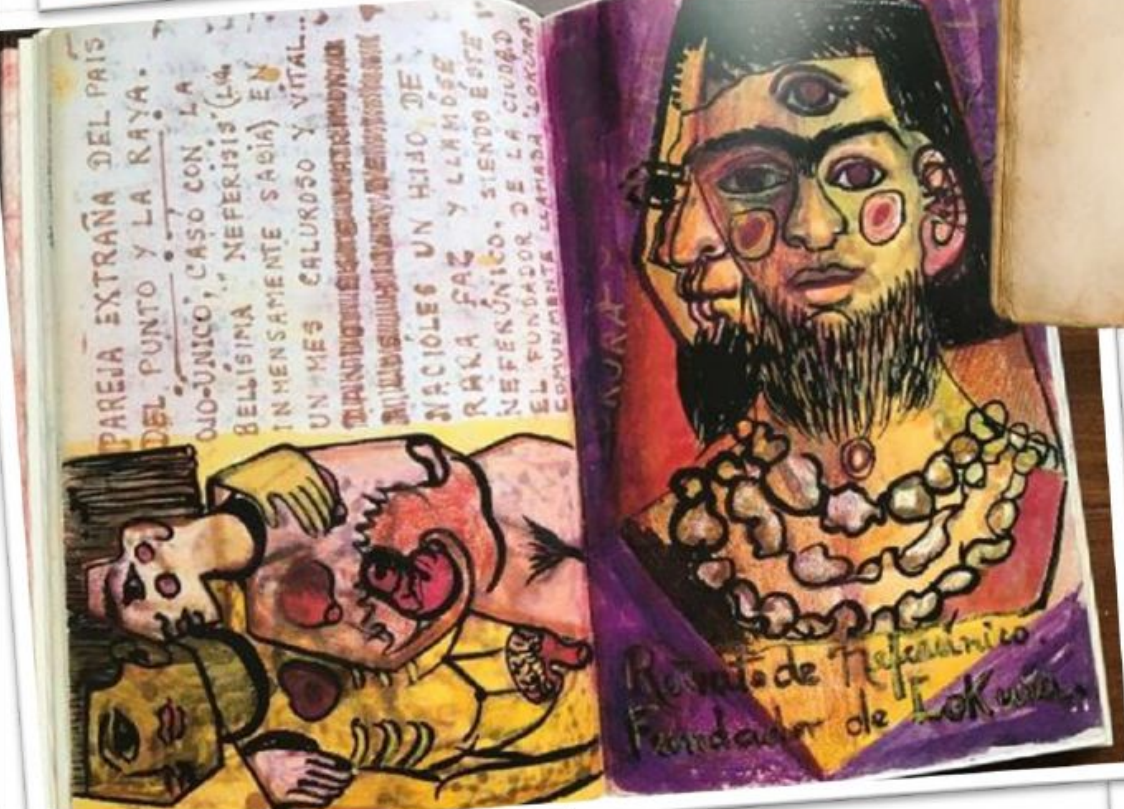
Considered one of the greatest artists and intellectuals of the Italian Renaissance, Leonardo da Vinci's notebooks cover everything from the flow of rivers to optics, astronomy and architecture. Because he never intended them for publication, the pages also feature little personal reminders about day-to-day tasks and purchases.

LOOK THESE ARTISTS UP!



GUILLERMO DEL TORO

He is the Academy Award willing filmmaker behind; Hellboy, Blade II, The Hobbit, Pan's Labyrinth and The Rise of The Guardians, amongst others.



FRIDA KAHLO





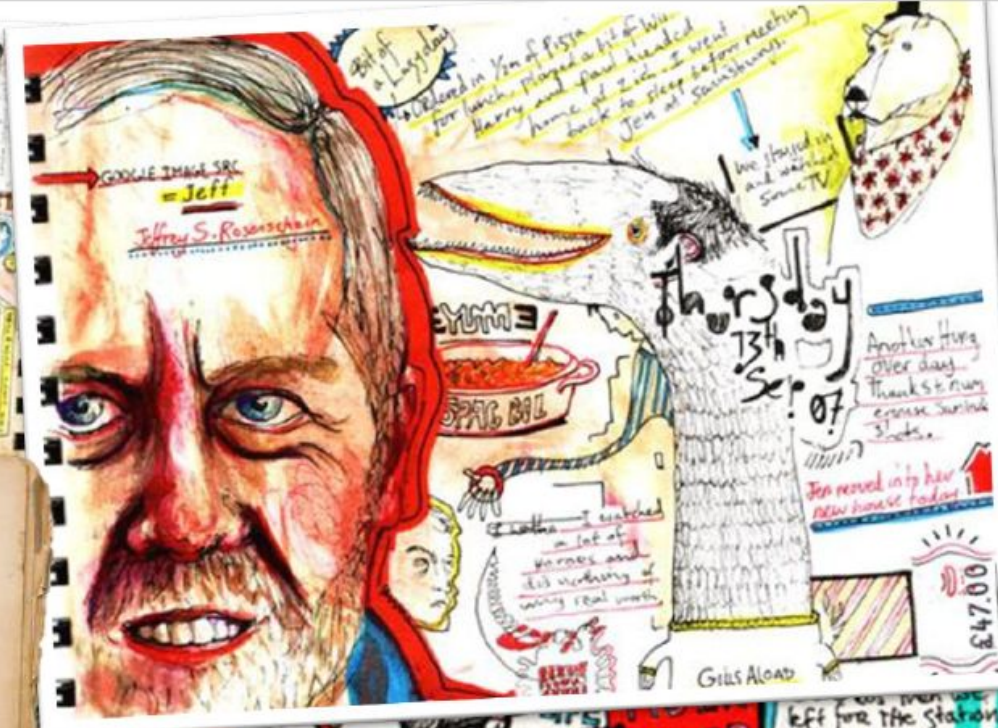
LEONARDO DA VINCI





INGRID DIJKERS





TOM
JUDD



GUILLERMO
DEL TORO



A Successful Art Journal or diary will...

- Have something of interest on every page.
- On many of your pages the most important aspect will be your drawing – work from observation when appropriate.
- Include attempts at different types of recording techniques. (Think about using photography to support your ideas too)
- Consider and experiment with layout.
- Use headings and notes to document your thoughts –even if it's just the date or theme.
- Use the elements of Art appropriately for visual impact E.g colour, tone, Line, Pattern.
- Experiment with fonts and lettering – you could attempt to match text and drawing if appropriate.
- Include found surfaces and use them as layers, backgrounds or build them in to the composition.
- Experiment and mix techniques and materials on pages for variety.
- Show how you have developed as an artist.
- Reflect on experiences and include observations, memories, thoughts, feelings and facts.

We look forward to seeing your Art Journal In September 😊

You can use any sketchbook you like ...

Or you can make your own...It doesn't have to be very big, it doesn't have to have high quality paper inside, it could even be a lined paper exercise book or a telephone notepad. If you don't have white paper, use newspaper, pages from old books, take away menus or old birthday - just draw on top whatever you have will work fine!

