

WEEK ONE

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

OPTION #1

OPTION #2

ON THE SIDE

DESSERT OF THE DAY

THE MEXICAN KITCHEN

CLASSIC BOLOGNAISE

With Garlic Bread

MEXICAN CHILLI

with 50/50 Rice or Soft Tacos

FLAVOURED CHICKEN

with Roast Potatoes and Gravy

GREEN THAI CHICKEN CURRY

with 50/50 Rice

FISHFINGERS OR SALMON FISHCAKES

with Chips

AUTUMN VEGETABLE RISOTTO

MEXICAN VEGETABLE RICE

CAJUN SWEET POTATO & SPINACH TART

with Roast Pots

STICKY SOY AND HONEY NOODLES

LOADED HOUND DOG

with Chips

Green Beans Carrots

Pineapple Salsa & Slaw

Cauliflower Peas

Sweetcorn Roasted Broccoli

Baked Beans Coleslaw

PINEAPPLE UPSIDE DOWN CAKE

with Custard

OATY COOKIE

PLUM & VANILLA CRUMBLE

with Custard

SCHOOL CAKE

LEMON DRIZZLE SPONGE

ALSO AVAILABLE!

SOUP OF THE DAY
FILLED JACKET POTATOES

CHECK OUT...

OUR HOT AND COLD
GRAB & GO SELECTION

MENU KEY

ADDED PLANT PROTEIN  VEGAN OPTION  SOURCE OF WHOLEMEAL 

ALLERGIES

PLEASE SPEAK TO A MEMBER OF STAFF IF YOU HAVE AN ALLERGY AND NEED TO KNOW WHAT'S INSIDE OUR FOOD DISHES. THEY WILL ADVISE YOU OF YOUR AVAILABLE CHOICES.

WEEK TWO

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

OPTION #1

OPTION #2

ON THE SIDE

DESSERT OF THE DAY

MACARONI CHEESE
With Toppings

QUORN AND BLACK BEAN FAJITAS
with Rice

Roasted Butternut Squash
Cauliflower

BLONDIE WITH BERRIES

STREET FOOD

SPICY CHICKEN
With Khobez and Tabbouleh Salad

HOUMOUS AND FALAFEL
With Khobez and Tabbouleh Salad

Red Cabbage Slaw and Roasted Chickpea Salad

SYRUP SPONGE
with Custard

BUTCHERS SAUSAGE & MASH
with Onion Gravy

VEGGIE SAUSAGE & MASH
with Onion Gravy

Broccoli Sweetcorn

APPLE & CHERRY OATY CRUMBLE
with Custard

HOT WOK CHICKEN NOODLES

BLACK BEAN VEGETABLES
with Rice

Carrots Green Beans

CHOCOLATE SHORTBREAD CAKE

BATTERED FILLET OF FISH
served with Chips & Tartare Sauce

GREEK SPINACH & FILO PARCELS
and Chips

Baked Beans Garden Peas

PEAR UPSIDE DOWN CAKE

ALSO AVAILABLE!

SOUP OF THE DAY
FILLED JACKET POTATOES

CHECK OUT...

OUR HOT AND COLD
GRAB & GO SELECTION

MENU KEY

ADDED PLANT PROTEIN   **VEGAN OPTION**
 **SOURCE OF WHOLEMEAL**

ALLERGIES

PLEASE SPEAK TO A MEMBER OF STAFF IF YOU HAVE AN ALLERGY AND NEED TO KNOW WHAT'S INSIDE OUR FOOD DISHES. THEY WILL ADVISE YOU OF YOUR AVAILABLE CHOICES.

WEEK THREE

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

OPTION #1

OPTION #2

ON THE SIDE

DESSERT OF THE DAY

VEGETARIAN
THAI NOODLES

VEGAN
MEATBALL
PASTA BAKE

Green Beans
Sweetcorn

WARM BANANA
FLAPJACK

MEATBALLS
IN TOMATO
SAUCE
with Spaghetti

VEGETABLE
BIRYANI

Broccoli
Roasted
Vegetables

VANILLA SPONGE

THE CLASSIC
ROAST DINNER
with all the
trimmings

ROAST QUORN,
with all the
trimmings

Roasted Carrots
Red Cabbage

JAM SPONGE
with Custard



CHICKEN
KORMA
with 50/50 Rice

SWEET POTATO,
CHICKPEA &
SPINACH TIKKA
with 50/50
Rice

Roasted
Cauliflower &
Sambals

STICKY TOFFEE
APPLE CRUMBLE
with Custard

BATTERED
FISH
with Chips &
Tartare Sauce

THE BIG PLANT
BURGER
with Chips

Garden Peas
Baked Beans

BERRY CRUMBLE
CAKE

ALSO AVAILABLE!

SOUP OF THE DAY
FILLED JACKET POTATOES

CHECK OUT...

OUR HOT AND COLD
GRAB & GO SELECTION

MENU KEY



VEGAN OPTION

SOURCE OF
WHOLEMEAL

ALLERGIES

PLEASE SPEAK TO A MEMBER OF STAFF IF YOU
HAVE AN ALLERGY AND NEED TO KNOW WHAT'S
INSIDE OUR FOOD DISHES. THEY WILL ADVISE
YOU OF YOUR AVAILABLE CHOICES.