WEEK ONE

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

MAIN #1

Sausage & Mashed Potato, Green Beans & Gravy

Chicken Enchilada with Rice



Roast Turkey, Roast Potatoes, Seasonal Vegetables & Gravy

Jerk Chicken with Rice and Peas and Pineapple

Chip Shop Fish or Sausage with Chips, Mushy Peas and Curry Sauce

**Bang Bang** Cauliflower Mac & Cheese

Quorn Chilli Loaded Wedges



Roasted Vegetable Filo Pastry Tart Roast Potatoes & Seasonal Vegetables

Curried Squash, Sweet Potato & Butterbean Stew with Rice and Peas & Pineapple Slaw 🧱

Slaw

Chip Shop Vegan Sausage with Chips, Mushy Peas and Curry Sauce

GRAB & GO

**Chicken Wings** 

Sausage Roll

Chicken Wrap

Chicken & Cheese Flatbread

Veggie Pitta Pizza

BOWLED

Rice Bowl

Pasta Kitchen

Vegetarian Noodle Street

Rice Bowl

Pasta Kitchen

HOMEMADE DESSERT

Pineapple Upside Down Cake

**Chocolate Crunch** Cake

Summer Fruit Crumble with Custard

Warmed Jamaican Ginger Cake with Ice Cream or Custard

Iced Sponge Cake

FOR YOU TO CHOOSE FROM!

Week beginning:

15 April 6 May 27 May 17 June 8 July 2 Sept 23 Sept 14 Oct



Round the world

- IM VEGAN!



WEEK TWO

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

MAIN #1

Chicken Chow Mein



Chicken Souvlaki with Greek Salads

YAMAS!

Roast Chicken, Roast Potatoes, Seasonal Vegetables & Gravy

Chicken Tikka Masala with Rice Breaded Fish Finger, Chips & Garden Peas

S# HIAM

Sweet and Sour Vegetables with Rice



Feta, Honey and Spinach Parcel with Greek Salads

YAMASI

Vegetarian Roast, Roast Potatoes, Seasonal Vegetables & Gravy Sweet Potato, Chickpea & Spinach Curry with Cheese and Leek Frittata with Chips and Garden Peas

GRAB & GO

Selection of Paninis

Sausage Roll

Chicken Wrap

Bagel Pizza

Rice

Chicken Quesadilla

BOWLED

Rice Bowl

Pasta Kitchen

**Noodle Street** 

Pasta Kitchen

Rice Bowl

HOMEMADE

Chocolate Sponge Pudding Custard Tart with Mixed Berry Compote

Sticky Toffee Apple Crumble and Custard Jam and Coconut Sponge

Oaty Flapjack



SUPER SPUDS

DON'T FORGET ABOUT OUR BAKED
POTATOES WITH A VARIETY OF TOPPINGS
FOR YOU TO CHOOSE FROM!

Week beginning:

22 April 13 May 3 June 24 June 15 July 9 Sept 30 Sept 21 Oct



Round the world

ALLERGIE

PLEASE SPEAK TO A MEMBER OF STAFF IF YOU HAVE AN ALLERGY AND MEED TO ENOW WHAT'S INSIDE OUR FOOD DISHES. THEY WILL ADVISE YOU OF YOUR AVAILABLE CHOICES.



THREE

MONDAY

TUESDAY

FRIDAY

Sausage Toad in the Hole with Mash Potato & Gravy

THE MEXICAN KITCHEN Spicy Mexican Chicken

with Rice and Sides

Lamb Lasagne with Garlic Bread and Salad

FIESTA ESPANOL

Chicken Paella with Patatas Bravas and Salads

Fish and Chips with Garden Peas or Baked Beans

Vegetarian Toad in the Hole with Mashed Potatoes & Gravy



Vegan Chilli with Rice and Sides

Vegetable Ragu with Garlic Bread and Spaghetti

FIESTA ESPANOL

Spanish Tortilla with Patatas Bravas and Salads

Vegetarian Burger and Chips with Garden Peas or Baked Beans

GRAB & GO

Selection of Wraps

Pitta Pizza

Chicken Wrap

Selection of Paninis

Sausage Roll

Rice Bowl

Pasta Kitchen

Rice Bowl

Noodle Street

Pasta Kitchen

HOMEMADE DESSERT

**Chocolate Orange** Cookie

Apple Pie with Cream

Fruit Muffins

Peach Cake

Chocolate Brownie

Week beginning:

29 April 20 May 10 June 1 July 22 July 16 Sep 7 Oct



Round the

YOU OF YOUR AVAILABLE CHOICES.

